



## January 2026 National Camp Information

**Venue:** Mount Albert Grammar School Gymnasium  
Alberton Avenue, Mount Albert, Auckland 1025

**Date :** 17 – 18 January

**Time:** 9.30am – 4.00pm

**Daily Registration:** Sign in daily. **Doors open 9.10am**

### What to Bring

- **Fencing gear** including Fencing whites (jacket, breeches, glove, mask, fencing socks and shoes, chest protector, lame (as applicable) etc)
- At least 2 working weapons, body wires & mask wires/lames (as applicable)
- Clothing for both fencing and physical activities. (Includes sports / fencing shoes)
- At least 2 light weight / sports t-shirts, so you can change at lunch
- Towel
- Skipping rope
- Medical kit (plaster, Panadol/painkillers, strapping tape, any other things you might need)
- Prescription medicine, inhaler (as required)
- 2 large drink bottles with water/sports supplements. There are limited water fountains in the area for top-ups
- Food : Snacks and lunch. You will need food that gives you energy.
- Training diary / notebook + pen

**IMPORTANT :** Fencers will not be allowed to fence in shorts for safety reasons.

### Timeliness

It is expected that fencers arrive at least 10 minutes prior to the scheduled 9.30 start time, sign in and are ready to start promptly. This includes dressed in sportswear, taped up (if required), with full drink bottles on arrival. There is no need to warm-up, that's part of the daily programme.

### Carparking

Street parking is available on Alberton Avenue near the school (please note the school gates may not be open).  
**Do not park in the Swim School car park, as vehicles may be towed.**

Any queries about the camp please contact [Simone May](#), Fencing New Zealand National Development Officer